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Baltimore County Department of Health

Health Inspection Information For Assisted Living Programs



FOR INFORMATION CONTACT:

Medical Environmental Health 6401 York Road, 3rd Floor Baltimore, Maryland 21212 410-887-6008

Office Hours 8:30 a.m. – 4:30 p.m.

This pamphlet was developed by the Baltimore County Health Department, Medical Environmental Health Services. This checklist has been designed to help individuals meet the environmental health requirements for Assisted Living Programs.

An application for an Assisted Living Facility License can be obtained from the DHMH, Office of Health Care Quality, Bland Bryant Building, 55 Wade Avenue, Catonsville, MD 21228 or by calling 410-402-8217.



YOUR INSPECTION CHECKLIST

The following checklist should be used as a reference to help you prepare for the visit by a Medical Environmental Health representative. Review each item and make the necessary corrections.

FOOD SAFETY STANDARDS

FOOD HANDLING

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Food not in the original package is stored in labeled & dated containers.
Ready-to-eat foods are properly stored and protected from contamination.
All opened food packages are resealed.
Food is obtained only from approved sources.
Home canned food is not provided for clients.
Equipment, dishes, utensils and glasses are kept clean.
Thermometers are located in refrigerators and freezers to insure that
potentially hazardous food is stored at safe temperatures.
Chemical products are not stored with food or food utensils
such as plates, cups, utensils, or paperware.
No evidence of rodent or insect infestations.
Hand soap and disposable hand towels are available.
Dishwasher, if present, is functional.

SAFE FOOD STORAGE TEMPERATURES

Refrigerated Food: 45 degrees Fahrenheit or below Frozen Food Items: 0 degrees Fahrenheit or below

NOTE - Thermometers can be obtained from grocery stores or food equipment companies.

ADDITIONAL ITEMS
All applicable permits and licenses are posted. Documentation of staff training is complete and available for review. Resident records and service plans are complete and available for review. Incident reports are complete and available for review.
Your cooperation will be appreciated and will help in the processing of your licensure application.
If you have questions regarding the environmental inspection, you can contact a Registered Sanitarian at 410-887-6008.

^{*}Programs with 17 or more residents must be in compliance with the state food regulations. (COMAR 10.15.03)

MAINTENANCE KITCHEN/DINING ROOM Walls, floors and ceilings are in good repair. Furniture, walls, cabinets, appliances, sinks and Doors and windows are vermin proofed. equipment are free of grease, food debris or dirt build-up. Screens and door flashings are installed. Perimeters of floors, areas behind and underneath appliances are Cracks and crevices in the kitchen/bathroom are closed with an clean and free of debris. approved caulking compound. Exhaust hoods are functional/filters over ranges are clean. Adequate lighting is available in all areas. Trash is stored in trash cans and is removed daily or as The building exterior is in good repair. necessary so that odors, and pest problems are prevented. Thermostats are present and functional where required. Refrigerator interiors are clean and free of dried on food debris, Air temperatures in resident areas are maintained at a minimum 70°F spillage, and odorous containers. Spoiled foods such as rotting in cold weather and a maximum of 80°F in hot weather. vegetables and fruit or broken eggs must be discarded as needed. Shelving and bins are clean and are not rusted. Interiors of ranges, microwaves, toaster ovens and other appliances **SAFETY** Hot water temperatures in areas accessible by residents are maintained are clean. Glasses, dishes, utensils, pots and pans have been cleaned in the 100°F - 110°F range. Housekeeping supplies and chemicals are stored in a locked space before storage. Interior of cabinets, drawers and food storage containers are clean. when not in use. All containers of housekeeping products are labeled as to their contents and usage. **ENVIRONMENTAL STANDARDS** Emergency phone numbers are posted by telephones. Mounted fire extinguishers with a minimum rating of 2A-10BC are LIVING ROOM/FAMILY ROOM located on each floor and are easily accessible from special hazard Floors and rugs are cleaned and vacuumed. areas such as furnace rooms, boiler rooms, kitchens or laundries. Furniture is free of food debris and soil. Grab rails/grab bars are provided wherever necessary. Furnishings are dust-free. Objects are not stored on stairways. Fireplace areas are maintained and protective screens are present. Rug guards and stair treads are provided. Window coverings are clean and free of dust. Bath mats, not-slip strips or other safety measures are used in Rooms are free of cobwebs and clutter. bathrooms to prevent slipping accidents. Flashlights are available for emergency use. BATHROOMS A fire evacuation plan has been devised and practiced. Walls, floors, ceiling and tiles are clean and free of mold and mildew. The evacuation plan is posted on each floor. Toilets, showerheads, grab rails, tubs, sinks and faucets are clean Gasoline powered equipment is safely stored outside. and free of mineral deposits. Bedrooms meet Fire Department Requirements. The interiors of medicine cabinets and sink cabinets are kept There are no tripping hazards. clean and the contents organized. Pressurized gas containers are stored and used in a safe manner. Exhaust fans are operational and free of dust and dirt. Exhaust fans are operational and free of dust and dirt. Glass shower doors and curtains are clean and free of mold and mildew. Night lights are present and functional. Radiator shields are necessary if the surface is in excess of 130°F. Bathroom trash cans are clean and emptied as needed. Adequate lighting is provided in common use areas and in stairways. Bathroom accessories (i.e. rugs, toilet tank/lid covers, mirrors, Alert devices are functional at all building entrances/exits. toothbrush and soap holders & towels) are clean and usable. If smoking is permitted, a smoking area has been designated. Bathrooms, shower stalls, and lavatories are not used by staff

for laundry purposes.

BEDROOMS	CLIENT AREAS
Furniture, bed linens, curtains and rugs are clean, free of	Medications are stored securely at the proper temperatures.
stains and odors.	Appropriate client furnishings are present on site.
Furniture interiors are free of food debris.	Bed linens and towels are available to each client.
Closets are organized and uncluttered.	Reading lights are available and functional.
Clean clothing is stored on hangers, on hooks or in drawers.	
Walls, floors and ceilings are clean and free of dirt, dust	STORAGE CLOSETS/AREAS
and cobwebs.	Shelving and floors are clean.
Dirty clothes are kept in cleanable hampers.	Contents are organized on shelves or storage racks.
A locked storage area in the resident's room is available.	Bottom shelves are at least 4 to 6 inches above the floor.
Dividers, curtains or screens between beds are available when requested	There is adequate storage space for supplies, personal possessions,
to ensure privacy.	and other similar items.
Locks on the inside of resident's doors have been provided as requested.	
Sufficient supply of bath and bed linens are available.	EXTERIOR PREMISES
Residents' rooms meet regulation requirements.	Driveways, curbs and sidewalks are in good repair.
	The yard is clean & free of litter and hazards.
GARAGE	Lawn furnishings are in good repair.
Floors are clean.	Trash cans have fitted lids.
Storage is organized and limited.	There are no mice, rats or stinging insect problems.
Flammables are properly stored.	Swimming pools are being maintained.
BASEMENTS	PETS
Boxes and articles are stored uncluttered.	Pet dogs and cats have had their Rabies Vaccinations.
Floors are dry, swept and kept clean.	I have the License # or verification of inoculations.
This area is periodically aired out and free of mildew and other odors.	Other pets have a Certificate of Health.
Walls, ceilings, furniture and storage are maintained free of cobwebs.	Litter box is clean.
	Yard is free of animal waste.
LAUNDRY AREA	Pet areas in the living areas, basements or garages, are clean
The floor is clean especially behind the washer and dryer.	and free of odors.
Soiled clothing is not stored on the floor.	Pet food is not a source of pest problems.
The washer and dryer are clean.	Pet products are resealed or enclosed in covered containers.
Soap, fabric softener residue and lint are periodically removed	
from this equipment.	PRIVATE WATER SUPPLY/SEWAGE DISPOSAL SYSTEM
Storage is organized and limited.	The well is properly protected from contamination.
Clothes are adequately cleaned.	The sewage disposal system is operational.
Clean linens are handled and stored properly.	Raw sewage is not leaking from the disposal system.
Handwashing facilities, including soap and disposable hand towels,	The plumbing system is in good repair.
are available.	
Laundry services are in compliance with the state and local authorities. (Programs with 17 or more residents require a commercial laundry on-site.)	NOTE - If this facility is served by a private well, routine sampling and analysis of the water by a certified drinking water laboratory will be necessary in accordance with Maryland State Drinking
(- 10 m - 2	Water requirements.